THE ALUMNI ASSOCIATION

M.O.S.C. SCHOOL & COLLEGE OF NURSING KOLENCHERY

ALUMNI NEWS LETTER





Alumni General body meeting 2019



THE ALUMNI ASSOCIATION
M.O.S.C. SCHOOL & COLLEGE OF NURSING
KOLENCHERY

ALUMNI NEWS LETTER

Issue : 1/1st Jan - 30th June, 2021/ Vol. 1

MESSAGE



On behalf of the alumnus of M.O.S.C. School & College of Nursing, I delighted to introduce to our new alumni newsletter. This is one of the initiatives to foster communication and to strengthen relations between the college and its alumni. We hope this newsletter is just one way to celebrate and recognize the contributions of our alumni all over the world who is actively contributing to the health care infrastructure.

Ms. Mini P S

President

Editorial -
Ms. Teena Varghese T
Joint Secretary ,
Alumni Association

THE ALUMNI ASSOCIATION

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M.O.S.C. Medical College Hospital
Kolenchery



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Administrative Director,
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Kolenchery



Prof. Dr. Sheela Shenai N A
Principal
M.O.S.C. College of Nursing
Kolenchery

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Ms.Annamol Baby
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GNM
1996 Batch



Mr. Eldho Peter
MSc Nursing
2014 Batch



Ms. Nisha Goerge
PBBSc Nursing
2010 Batch



Ms.Snehamol Joffey
BSc Nursing
2013 Batch



Ms. Mariya Saji
BSc Nursing
2015 Batch

ACHIEVEMENTS - SCHOOL OF NURSING ALUMNI

POST GRADUATED ALUMNI



Sr. Susanna, GNM (1977 Batch), MSc in Education and Administration, Currently working as Academic Advisor, Theophilus CON, Kangazha



Ms. Neenu Baby, GNM (2002 Batch) sucessfully completed MSc Nursing in OBG Nursing



Ms.Nimmy Mariam Kuriakose



Ms. Aswathy K S

GRADUATED ALUMNI



Ms. Reenu Paul



Ms. Divya K Paulose



Ms. Ansu Joy



Ms. Chinju Abraham



Ms. Anju Dormis



Ms. Babitha Mani



Ms. Merin C B



Ms. Jincy Poulose



Ms. Shaloo P Chacko



Ms. Jency Thankachan



Ms. Mariya P M



Ms. Elmy Alias



Ms. Manju K L



Ms. Viji Cherian



Ms. Sreemol Saji



Ms. Sunila Mary Jacob



Ms. Sibin Mathew



Ms. Jancy John



Ms. Nisha George



Ms. Biji Thampi



Ms.Ancy Kuriakose



Ms. Sani Sunny



Ms. Asha Abraham



Ms. Bincy Jose



Ms. Binimol Baby



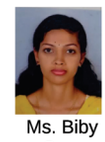
Ms. Lintu Varghese



Ms. Bency Baby



Ms. Chithira Joseph



Ms. Biby Syra Kuriakose



Ms. Asha Raju

ACHIEVEMENTS - COLLEGE ALUMNI

POST GRADUATED ALUMNI MEMBERS



Ms. Soumya L P, 2006 Batch BSc, MSc in Medical Surgical Nursing, Working in Vijaya CON, Kottarakkara



Ms. Gipsa, 2006 Batch BSc, MSc in Medical Surgical Nursing, Working in Dhanalakshmi CON, Kannur



Mr. Eldho Peter, 2011 Batch PBBSc , MSc in MedicalSurgical Nursing, Working as Nursing officer, Govt.Hospital, Thrissur



Ms. Sona Anto, 2011 Batch PBBSc, MSc in MedicalSurgical Nursing, Working in Jubilee Mission CON, Thrissur



Ms. Jannet Maria Elias, 2010 Batch BSc, MSc in Child Health Nursing, Working in Theophilus CON, Kangazha



Ms. Anju Mary Rarichan, 2010 Batch BSc, MSc in Child Health Nursing, Working in Elite CON, Thrissur

Ms. Amala G Thomas, 2011 Batch BSc, MSc in OBG Nursing, Nursing Officer, Govt.Women & Children's Hospital, Mattanchery

Ms. Anu George, 2011 Batch BSc, MSc in Obstetrics and Gynaecological Nursing

Ms. Pheba Ann Chacko, 2011 Batch BSc, MSc in Mental Health Nursing, working in MGM CON, Kozhenchery

Ms.Lalumol Sunny, 2008 Batch BSc, MSc in Obstetrics and Gynaecological Nursing

Ms. Ninu Kurian, 2008 Batch BSc, MSc in Mental Health Nursing, Currently in UK

Ms. Geethu Prakash, 2011 Batch BSc, MSc in Medical Surgical Nursing, Nursing Officer AIMS, Telangana

Ms. Anju Baby, 2009 Batch BSc, Masters in Public Health, Distric Urban Health Coordinator, Ernakulam

Ms. Anu N Baby, 2007 Batch BSc, MSc in Community Health Nursing, Currently in NHS Trust ,UK

ALUMNI PLACEMENTS

Ms. Ambily Joy, 2014 Batch MSc, Lecturer, Holy Family CON, Thodupuzha

Ms. Blessy Kurian 2014 Batch MSc, Lecturer, Sanjoe CON, Pulluvazhy

Ms. Finu Paul, 2014 Batch MSc, Lecturer, Welcare CON, Vetticcal

Ms. Teena Thankachan, 2014 Batch MSc, Lecturer, Elite CON CON, Thrissur

Ms. Mary Varghese, 2015 Batch MSc, Lecturer, St.Joseph CON , Kothamangalam

Ms. Suja Thomas 2015 Batch MSc, Lecturer, Medical Trust CON , Iripanam

Ms. Honey Raechel, 2015 Batch MSc, Lecturer, Welcare CON, Vetticcal

Ms. Bini Mathew, 2015 Batch MSc, Lecturer, Sudheendra CON, Ambalamedu

Ms. Grace Maria Joy, 2015 Batch MSc, Lecturer, Lisie CON, Ernakulam

Ms. Teena Varghese T, 2016 Batch MSc, Lecturer, M.O.S.C. CON, Kolenchery

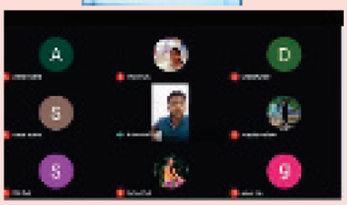
Ms. Sneha P Raju, 2017 Batch MSc, Lecturer, Welcare CON, Vetticcal

Ms. Geethu S Babu, 2018 Batch PBBSc, Mid Level Service Provider, PHC Ayavana

ALUMNI ACTIVITIES

WEBINARS ORGANIZED

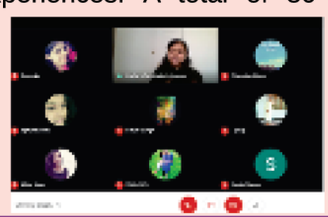




M.O.S.C College of Nursing opened its online platform to share the experiences of its alumnus who cares the victims of Covid- 19 . Mr. Eldho Peter, Nursing officer, Government General Hospital, Thrissur and alumni of M.O.S.C. College of Nursing , MSc (2014 batch) and PBBSc (2011 batch), was invited for the session. The session was conducted on 15/05/2021 from 3pm to 4pm. He dispensed the real difficulties of each health care professional has to face while rendering care to the sufferers of corona virus infected persons. He briefed regarding the Covid- 19 infection - pathophysiology, various categories of the clients according to the severity,treatment options etc. He also added the physical, psychological and emotional difficulties of the professionals. A total of 95 participants attended the seminar.

Overseas Recruitment - A growing trend in nursing. The field of nursing currently enriched with various overseas opportunities. M.O.S.C College of Nursing is always with the upcoming trends in the field of nursing. The college opened its online platform for the seminar " Let's Talk Overseas Formalities in Nursing" on 02/06/21 from 8 pm to 9 pm . Ms. Snehamol Joffey, Band 5 Nurse ,Royal Free Hospital, London and an alumnus of M.O.S.C. College of Nursing , BSc (2013 Batch), was invited for the session. She detailed regarding the overall process of the recruitment. It includes the language tests (OET and IELTS), Competency Based Test, all paper works, registration process, attending the interviews, medical tests, OSCE exams etc. .She also briefed about the agencies which can be trusted ,working patterns in her hospital and her experiences. A total of 80 participants attended the session.





ALUMNI ACHIEVEMENTS



Ms. Lijamol Joy , 2013 Batch PBBSc has secured "Pride of the Nation Excellence Award' in recognition of her distinguished contribution in the field of Chief Nursing Staff, Rajiv Gandhi Hospital, New Delhi.



Ms. Nimi Tom, 2016 batch MSc, has successfully completed certificate programme in Nursing leadership and chronic disease management from Ontario College, Toronto, Canada in February 2021

The alumni of our School and College of Nursing are placed in various positions as Nurse Educator, Nursing Superintendent, Registered Nurse, Nurse Practitioner, teaching faculty etc both in private and government sectors in various countries like Gulf countries, Australia, United Kingdom, USA, Ireland, Canada, New Zealand, including India.

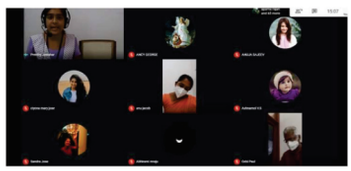
If you want your achievement to be included please contact Ph: 7025735037 or mail your details of achievement through the Mail ID: moscconalumni@gmail.com

COLLEGE ACTIVITIES

VIRTUAL WORLD LEPROSY DAY CELEBRATION - 2021

As part of the World Leprosy Day, M.O.S.C. College of Nursing students organized virtual World Leprosy Day celebration on 30/1/2021. The message on World Leprosy Day 2021 theme was delivered by Ms. Kezia Benny, 2016 batch.Competitions such as speech on the topic “Leprosy is Curable” and debate on the topic “Stigma and discrimination still prevailing in India” were conducted. There were 7 participants for speech competition and Ms. Sandra Jose, 2020 Batch was the winner of the competition. 6 participants participated for debate competition and Ms. Rose Maria Sibi, 2020 Batch was the winner.





WORLD CANCER DAY CELEBRATION- 2021

February 4 - World Cancer Day is an international day marked to raise awareness of cancer and to encourage its prevention, detection and treatment. This day is led by the Union for International Cancer Control (UICC). The primary goal of celebrating World Cancer Day is to reduce illness and death caused by cancer.

As part of World Cancer Day, Medical Surgical Nursing Department of M.O.S.C College Of Nursing organized a virtual Cancer Day celebration on 4/02/2021 through online platform. Dr. Aju Mathew, Oncologist M.O.S.C Medical Mission Hospital, Kolenchery briefed regarding cancer. Mrs. Ninu Sophia, Assistant Professor, Medical Surgical Nursing Department revealed the theme of World Cancer Day 2021. Care of patients with cancer during COVID -19 was taken by Mrs. Varsha Shine Varghese, Assistant Professor, Medical Surgical Nursing Department.



ELDERLY DAY CELEBRATION- 2021

Department of Community Health Nursing, M.O.S.C College of Nursing and IVth year BSc nursing (2016 batch) students organized a programme for elders in Community health centre, Kadayiruppu on 6/2/2021. Dr. Anish Baby, Medical officer CHC, Kadayiruppu, Inaugurated the programme with an inaugural address. Mrs. Muhisina P.A Head nurse CHC, Kadayiruppu gave the felicitation.

The BSc. nursing students of 2016-2020 batch performed a Mime with the theme of “Physical and Mental Health of Elderly”. A health education was taken by Miss. Shymol Dominic and Miss. Vismaya Saji (2016-2020 Batch) on the topic “Diet, Mental Health and Exercise of Elderly”. Miss. Sneha Philipose (2016- 2020 batch) demonstrated exercise to the audience. Dr. Dhalia took a session on “Cancer Prevention”.







INTERNATIONAL WOMEN'S DAY CELEBRATION - 2021

International Women's Day, a day we honour women's immense strength and unique abilities, falls on March 8 every year. The theme for International Women's Day 2021 (8 March) is "Women in leadership: Achieving an equal future in a COVID-19 world,"

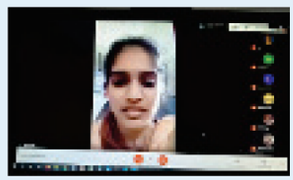


Department of Nursing foundations along with First year BSc Nursing students(2020 Batch) organized a session on 08.03.2021. A message on Empowering nurses in building our nation was given by Ms. Teresa Joseph, IRS, Assistant Commissioner of Income tax.

Dr. Maria M Biju, Intern of Al-Azhar Medical College, Thodupuzha gave women's day message through google platform. A braveheart 25-year-old Dr Maria Biju, who despite being confined to a wheelchair after being paralysed following an accident completed her MBBS degree. Dr.Maria shared her life experience and says how she defies all odds.

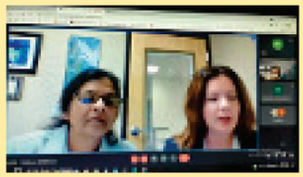


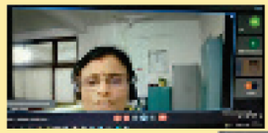
Ms. Besi Paul, Assistant Professor, M.O.S.C. College of Nursing gave a talk on role of family in empowering women. Prof. Dr. Sheela Shenai N A Principal, M.O.S.C. College of Nursing addressed the gathering and motivated students to be responsible and strong. A poster display was also organized.

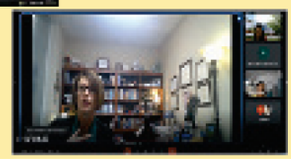


VIRTUAL DISCUSSION WITH LIBERTY UNIVERSITY , U.S.A

M.O.S.C. College of Nursing in collaboration with Liberty University School of Nursing, Virginia, USA organized webinar on Pedgogical approaches in Nursing Education on 8th July 2021.







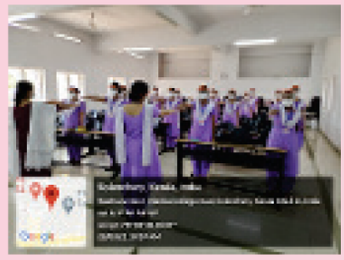
WORLD WATER DAY CELEBRATION 2021

World Water Day, is aimed at raising awareness about 2.2 billion people living without access to safe water resources globally and with the purpose of highlighting the importance of water. World Water Day has been celebrated each year on March 22 since 1992.The theme for World Water Day 2021 (22 March) is "Valuing Water".

A pledge on water day to remember the importance of water and to use water the right way was read out by Ms. Aleena George. Department of Nursing foundations and NSS along with First year BSc Nursing students organized a programme on 22.03.2021. The theme deliberation on 'Valuing Water' was done by Mr. Kashi Lekshman, First year BSc nursing student.

The students performed a mime show on the importance of water. A poster and collage display were also organized in the ground floor lobby.





SAFE MOTHERHOOD DAY - 2021



Department of Obstetrics & Gynaecological Nursing celebrated National Safe Motherhood Day on 12 th April 2021. The theme for the year 2021 was “Keep Mothers and Newborns Safe from Coronavirus”. Various programmes were organized in relation with safe motherhood day. Theme based poster competition was held on 12th April and displayed for the whole day .The quote “Behind all your stories is always your mothers story, because hers is where yours begins” was selected as the best quote which was given by Christy Cleetus, First year B.Sc nursing student.



An awareness session on safe motherhood was conducted on 12 th April at 2.30 pm. The resource person was Dr. Annie Soman, HOD & Professor, Obstetrics and Gynaecology Department, M.O.S.C. MCH, Kolenchery. Dr. Annie Soman revealed the theme and took an awareness session on Safe Motherhood. Ms. Alna Kuriakose, first year Bsc nursing student, recited a poem on safe motherhood written by Ms. Alfiya Ali of the same batch. Prizes and e- certificates were distributed to the winners. A total of 47 members attended the session.

NATIONAL DAY CELEBRATIONS

M.O.S.C.College of Nursing celebrated nurses day on May 12th 2021 through virtual platform.



International Yoga Day celebration 21st June 2021



Virtual World Blood Donors Day was celebrated on 14th June 2021





Talent Day of first year BSc nursing students

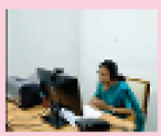




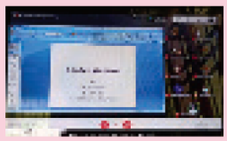
WEBINAR ORGANIZED

Webinar series on "Outcome Based Education" on 29th April 2021 , 8th June 2021. Speaker Dr. Binu Thomas, Associate Professor, Marian College, Kuttikkanam, Idukki





Webinar on "Quality Health Care" by Mrs. Joycie John, Senior Lecturer, M.O.S.C. CON, Kolenchery



Seminar on topic "Securing Research Grants". Resource Person - Dr. Shejila, Professor cum Vice Principal, MIMS College of Nursing, Calicut on 28th May 2021.





Webinar on "Innovation & Start up Policy" on 15th June 2021 by Ms. Geethu Baby, Associate Professor, M.O.S.C. CON, Kolenchery





Seminar on "Intellectual Property Rights" on 17th June 2021 by Ms. Cebi Paul, Assistant Professor, M.O.S.C. CON, Kolenchery



Seminar on "Bioethics in Nursing Research" on 26th June 2021 . Resource Person - Dr. Vishnu Renjith



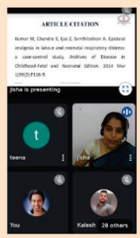
RESEARCH ACTIVITIES

VIRTUAL JOURNAL CLUB SERIES

Virtual journal club has been formed with an aim to enable the nursing professionals to stay updated regarding the current nursing literature. It is an excellent platform for learning research methodology, clinical epidemiology and statistics. It also provide opportunities for gaining critical appraisal skills. Till now we have organized eight journal clubs with eminent methodological experts from various institution inside and outside state. Dr. Kalesh M Karun (PhD), Assistant Professor, Division of Biostatistics, M.O.S.C. MCH, Kolenchery done the statistical reasoning during the sessions.



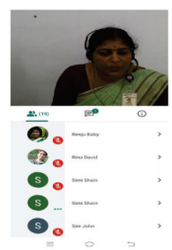




NATIONAL LEVEL SCIENTIFIC PAPER PRESENTATION COMPETITION FOR FACULTY

As part of the Research Day celebration 2021, National Level Scientific Paper Presentation competition for faculty was conducted on 24.4.2021 through virtual platform from 1.00 pm - 4.30 pm. Best 10 abstracts from the 54 abstracts received were selected for presentation using predetermined criteria. Dr. Renju Susan Baby, Associate Professor, AIIMS Bhubaneshwar, Dr.Athirarani M.R, Assistant Professor, Government College of Nursing Thiruvananthapuram and Dr.Kalesh M.Karun, Assistant Professor, Assistant Professor, Division of Biostatistics, M.O.S.C. MCH, Kolenchery were the judges for the competition. Dr. Simi Mohan J S from CSI College of Nursing, Karakonam, Thiruvananthapuram bagged the Best Paper award in the competition. She expressed a positive feedback about the event. e-certificates were issued for winner, participants and certificate of appreciation for judges.









Ms. Isha M Aboobacker, Asst. Professor, Dept. of Medical Surgical Nursing, secured First prize for the virtual poster competition held by Podicherry Institute of Medical Sciences, Puducherry



Ms. Betcy George, Asst. Professor, Dept. of Medical Surgical Nursing, secured Third prize for the virtual poster competition held by Podicherry Institute of Medical Sciences, Puducherry

VICE PRINCIPAL



Dr. Namitha Subrahmanyam took over charge as Professor cum Vice Principal from February 2021

NEWLY JOINED STAFF



Mrs.Grace Kurian
Associate Professor, Department of Child Health Nursing



Mrs. Lincy Issac
Assistant Professor, Department of Community Health Nursing



Mr. Deepak K Nair
Assistant Professor, Department of Community Health Nursing



Mrs. Stephy Sabu
Senior Lecturer, Department of Medical Surgical Nursing

NSS ACIVITIES

SANNADHA SENA ORIENTATION PROGRAM

National Service Scheme (NSS) unit & M.O.S.C. College of Nursing, Kolenchery conducted an orientation on sannadhasena on 09-01-2021 from 8.00 PM to 9.00 PM through online platform. 102 Students participated in the session. Mrs Jomcy P Jose, Assistant professor,M.O.S.C. College of nursing & Programme Officer, NSS unit inaugurated the session. Ms. Jumana V, Master trainer from KMEA Engineering college had a presentation about sannadhasena. Ms. Alphonsa sabu, Fourth year BSc Nursing student done live volunteer registration which was guided by Miss.Jisna Maria,Master trainer AISAT. There was an interactive session between volunteers and master trainers.The session ended by 9.00 PM.

SEVEN DAYS VIRTUAL CAMP BASED ON THE THEME "PREVENTION AND MITIGATION OF COVID 19"

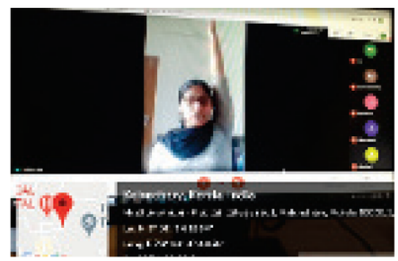
Seven days virtual camp based on the theme "Prevention and Mitigation of COVID 19" was organized in the college from 22nd to 28th February 2021. The activities involved are; Collage competition on Healthy Lifestyle, Yoga session, Digital paper magazine presentation , Planting of vegetable seeds in Giffy bags, Shramdan - Campus cleaning. An awareness class was also conducted for the youth members of SMYM, Manvettom unit by Mrs. Besi Paul, Asst. Professor, M.O.S.C. College of Nursing, Kolenchery

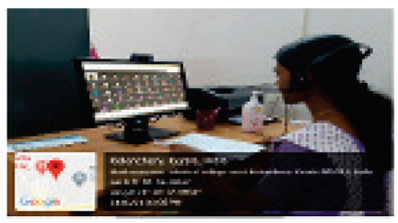
















UPCOMING EVENTS

- World Breast Feeding Week Celebration
- Annual General Body Meeting of Alumni Association.
- International Literacy Day Celebration
- World Diabetic Day
- World Alzhemers Day Celebration
- NSS Day
- World Mental Health Day
- World Aids Day

ACHIEVEMENTS

FACULTY



Dr. Starmin C, Associate Professor, Dept. Of Mental Health Nursing, awarded with Doctoral Degree.



Dr. Preethy Jawahar, Associate Professor, Dept. Of Community Health Nursing , awarded with Doctoral Degree.



Ms. Cebi Paul, Asst. Professor, Department of Mental Health Nursing is selected as a National Level Resource Person for “Nasha Mukth Bhrath Abhiyan” which has been launched by Ministry of Social Justice and Empowerment in 272 districts of the country.

STUDENTS



Ms. Jiji . K.S (2018- 2020 Batch MSc) secured First Rank in PG Nursing Examination (Specialty – Mental Health Nursing) conducted by KUHS



Ms. Geethu S Babu (2018- 2020 Batch PBBSc) secured Third Rank in Degree Nursing Examination conducted by KUHS



Ms. Anna John , 2016 Batch BSc, selected as Best Outgoing Student were given Sheena Memorial Endowment Award



Ms. Silpa George, 2016 Batch BSc, State level SNA Kalathilakam in the year 2018 & 2019

INSTITUTIONAL ACHIEVEMENTS

Institution is recognized as Social Entrepreneurship, Swachhta & Rural Engagement Cell Institution by Mahathma Gandhi National Council of Rural Education, Department of Higher Education, Ministry of Education, Govt. Of India. The college also organized two webinars on Social entrepreneurship and social business in relation to SESREC initiative.



The vegetable garden project initiated by the nature club of the institution was selected as the second Best Project Based Vegetable Cultivation (for private institutions) in District level by Department of Agriculture Development & Farmers' Welfare, Govt. Of Kerala.



COMPETITION WINNERS



Ms. Betcy George Asst. professor, Dept. of Medical Surgical Nursing, secured best paper award in virtual International Research Meet, Chirayu CON, Bhopal



Dr. Sheela Shenoy N A, Principal, MOSC College of Nursing and Ms. Cebi Paul, Asst. Professor, Department of Mental Health Nursing received third prize for scientific paper presentation during National conference on “Community health nurses - Trendsetters for universal health coverage to combat NCDs” organized by CMC Vellore in association with Society of Community Health Nurses of India (SOCHNI).





Ms. Geethu Baby, Asst. Professor, Dept. of Child Health Nursing, secured second prize for the virtual poster competition held by Christian Medical College, Vellore


MALANKARA ORTHODOX SYRIAN CHURCH MEDICAL COLLEGE
MM
M
BE NOT AFRAID ONLY BELIEVE
M.O.S.C. COLLEGE OF NURSING, KOLENCHERY
(Affiliated to Kerala University of Health Sciences, Thrissur, Kerala Nurses and Midwives Council, Thiruvananthapuram and Indian Nursing Council, New Delhi)
MALANKARA ORTHODOX SYRIAN CHURCH MEDICAL MISSION
KOLENCHERY 682311, ERNAKULAM DISTRICT. KERALA STATE
M.O.S.C. SCHOOL & COLLEGE OF NURSING
KOLENCHERY