

M.O.S.C. COLLEGE OF NURSING, KOLENCHERY

RELEASES

e-newsletter



**MEDICAL COLLEGE ROAD, KOLENCHERY P O,
ERNAKULAM - 682311, KERALA**



M.O.S.C. COLLEGE OF NURSING, KOLENCHERY

e- Newsletter

(A yearly newsletter of M.O.S.C. College of Nursing)

JAN- DEC 2022

'BE NOT AFRAID. ONLY BELIEVE'

VOL 1 / ISSUE 1



ARCHIVES OF THE INSTITUTION

M.O.S.C College of Nursing is a premier institute in the field of training nurses and attracts candidates for admission from all over the state of Kerala. The College of Nursing is under the management of M.O.S.C. Medical Mission, a charitable institution registered under the Travancore Cochin Literary and Scientific experienced staff and excellent infrastructural facilities.

ANYONE WHO HAS NEVER
MADE A MISTAKE HAS NEVER
TRIED ANYTHING NEW!!!!

-Albert Einstein



SHRI JOY P JACOB
CEO & SECRETARY
M.O.S.C MEDICAL MISSION HOSPITAL

M.O.S.C. College of Nursing is also a certified and recognized Social Entrepreneurship, swachhta and Rural Cell (SES REC) institution by Mahatma Gandhi National Council of Rural Education, Department of Higher Education under the Ministry of Human Resource Development, Government of India



KUHS, THRISSUR

MEDICAL COLLEGE ROAD, KOLENCHERY P O,
ERNAKULAM - 682311, KERALA

PROF. THOMAS P.V
ADMINISTRATIVE DIRECTOR
M.O.S.C. MEDICAL MISSION HOSPITAL



M.O.S.C. CON
TEACHING STAFF



PROF. DR. SHEELA SHENAI N A,
PRINCIPAL
M.O.S.C. COLLEGE OF NURSING



POSITIVE FORCES BEHIND THE SUCCESS

NON TEACHING STAFF



As we are releasing the First newsletter ,I
congratulate the entire team members & hope
the endeavor will continue for releasing the
same on annually

.....

Successor :Shri. Joy P Jacob(CEO& Secretary)

Publisher cum Chief Editor :Prof. Dr. Sheela Shenai N A,
Principal ,M.O.S.C. College of Nursing

Wish all success!!!

Co- Editor : Mrs Stephy Sabu,Senior Lecturer,M.O.S.C.
College of Nursing.

EXPEDITION TO BE AN EPITOME IN NURSING !!!

Malankara Orthodox Syrian Church College of Nursing, Kolenchery was founded in the year 2006 at Kolenchery, Ernakulam, Kerala. Malankara Orthodox Syrian Church College of Nursing (M.O.S.C) is the most desirable institute in Kerala for training nurses, transforms them to deliver quality & personalized care, improve the well-being of patients and communities they serve. It is identified by the Indian Nursing Council and Kerala Nursing and Midwives Council and affiliated to the Kerala University of Health Sciences, Thrissur, Kerala. M.O.S.C. College of Nursing is the first college to constitute **"Students Self help group**, the most sustainable way to skill the youth into productive work. The institution is graded **"A+ accredited by QAS, KUHS, Thrissur"** and Institution's Innovation Council of M.O.S.C. College of Nursing secured **"One star rating"** in the annual performance evaluation of year 2020-21. The institution has been declared as a member of **"United Nations Academic Impact**, a collaborative platform where faculty and students can learn from each other and enhance each other's skills and tools. M.O.S.C. College of nursing is recognized as **"Ph.D Research Centre"** by KUHS.

PROGRAMMES OFFERED

SL NO	PROGRAMMES	NUMBER OF SEATS	DURATION
1	BSc Nursing	70	4 Years
2	MSc Nursing 1. Medical surgical Nursing 2. Mental health nursing 3. Child health nursing 4. OBG nursing	2 seats per specialty	2 Years
3	PhD	Approved for 5 Specialties	

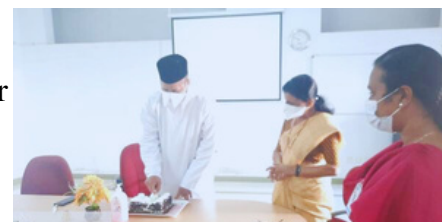
FROM THE PRINCIPAL'S DESK**GREETINGS FROM M.O.S.C. COLLEGE OF NURSING.....**

It is a matter of great pride and satisfaction for MOSC College of Nursing to bring out the first e-News Letter, a new venture to get released in the midst of 2023. College has made tremendous progress in academic and co –curricular activities, capacity building relevant to staff and students over the past years and has achieved sustained growth and contribution to the profession. I am confident that this issue of News Letter will send a positive signal to the staff & students in bringing out another phase of achievements and success in the days ahead. The e- newsletter not only brings out the activities and events that have taken place in the institution during 2022-23, but also throws the spotlight on the achievements of our students, faculty members and alumni during the year. I'm glad to notice that our college is on its progressive mode academically as well as co-curricularly which is a sign of reviving inspiration. I'm sure our students and faculty members would make best use of their quality and capacities in improving the overall development of our students. A News Letter is like a mirror which reflects the clear picture of all sorts of activities undertaken by an institution and develops valuable skills that will aid them in the future of students in particular and teaching faculty in general. I congratulate the Editorial Board of this News Letter who have played wonderful role in accomplishing the arduous task most effectively. I hope that this small piece of work is not just an outlet for information but also develop a sense belonging to the institution as well.

M. O. S. C. CON E-NEWSLETTER

NEW YEAR PROGRAMME

M.O.S.C. College of Nursing has made a grant welcoming of the New year 2022 with cake cutting by Fr John Kuriackose followed by the blessing message.



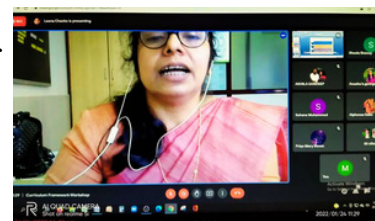
NERKOOTTAM COMMITTEE



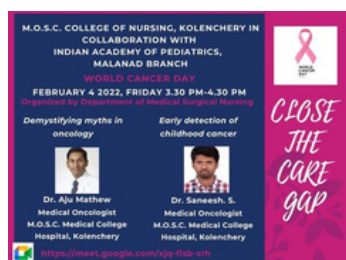
Nerkoottam committee was constituted on 6th January as a part of voice against use and spread of drugs in and around college campus. The spotlight of the new beginning was the invited talk from the expert in field, Mr Sumesh B, CI, excise department. Mr.Gopalakrishnan,Civil excise officer delivered an awareness session on behavioral changes among students due to social media.

WEBINAR ON CURRICULUM FRAMEWORK

IQAC conducted a Virtual webinar on Developing Curriculum framework for nursing program on 24.1.22, delivered by Dr.Leena KC ,Principal, Yenapoya Nursing College,Mangalore at 11am. A total of 65 participants including BSc, MSc students and faculty members of M.O.S.C CON participated in the session.



WORLD CANCER DAY 2022



World Cancer Day was celebrated on 4th February 2022 by Department of Medical surgical nursing. The event involved a thought provoking session by Dr Aju Mathew and Dr Suneesh S, Department of Medical oncology, M.O.S.C. Medical Mission Hospital. Dr.Aju Mathew revealed the theme “Close the care gap”.

HEALTHY LIFESTYLE AWARENESS DAY 2022

Department of Child health nursing in collaboration with NSS initiated an awareness video on healthy lifestyle as part of healthy lifestyle awareness day celebration on 22.2.22 which was released by Prof. Dr. Sheela Shenai N A, Principal,M.O.S.C. College of Nursing.



PBBSC NURSING 2022 ORIENTATION



PBBSc nursing 2021 batch orientation was given by Mrs Joycie John, Class coordinator on 27.2.22.Orientation involved sharing an outline on different subjects and the practical areas to be dealt with.

M.O.S.C. CON E-NEWSLETTER

WEBINAR ON DEVELOPMENT AND STANDARDIZATION OF RESEARCH TOOLS

M.O.S.C College of Nursing organized the virtual webinar series on the topic – **DEVELOPMENTAL AND STANDARDIZATION OF RESEARCH TOOLS** on 22nd January 2022 from 10.00 Am to 11.00 Am. The Resource Person for the session was Dr. Kalesh M Karun, Associate Professor, Department of Biostatistics. A total of 55 participants, including undergraduate and postgraduate students, Ph.D. scholars and faculty attended the session.



INTERNATIONAL WOMEN'S DAY- 2022 THEME: GENDER EQUALITY TODAY FOR A SUSTAINABLE TOMORROW

The Department of Obstetrics and Gynaecological Nursing in collaboration with Synthite Industries, Kadayirippu organized an outreach program on the occasion of International Women's Day, on 8th March 2022, from 9.30 - 11:00 am for working women. Dr Namitha Subrahmaniyam, HOD, spoke on the importance of womanhood and stated that females have to be respected. Thirty five women attended the program and benefited from the session.



POSTER COMPETITION

The Department of Obstetrics and Gynecological Nursing organized poster competition on the theme as part of the International Women's Day celebration 2022, for the students. There were 10 participants in the competition. The evaluators for the e-poster competition were Dr Namitha Subrahmaniyam (HOD) and Mrs. Jisha Joseph, Associate professor, Department of Maternal Health Nursing and prizes were distributed for the winners.



M.O.S.C. CON E-NEWSLETTER

WORLD TB DAY 2022

World TB Day is observed annually on March 24 to raise public awareness and understanding regarding one of the infectious diseases - Tuberculosis. There is a need for creating awareness among the public and health care professionals on tuberculosis management and its prevention. In this regard, the Department of Community Health Nursing observed World TB Day on 24th March 2022 based on the theme "Invest to End TB. Save lives". Second year BSc nursing students brightened the programme with a rally, emphasizing the importance of the prevention of TB



ACTIVITIES CONDUCTED



RALLY & EXTEMPORE



RESUME WRITING SESSION

A Class on professional resume writing was delivered by Dr.Preethy Jawahar for the outgoing 2018 Batch on 22.3.22 and thus could identify the various issues related to errors in writing a resume and the solution for it.



MOSC E-NEWSLETTER

WORLD WATER DAY 2022



World water day celebration was organized by Department of Foundation of Nursing on 22.3.22 by revealing the theme "Groundwater: making the invisible visible". The event involved an oath delivery by Mrs Omana Chakappan and role play conducted by First year BSc nursing students that imparted the importance of water conservation and preservation.



POSHAN PAKHWADA

As part of Poshan Pakhwada scheme of Govt of India, Department of Community Health Nursing in collaboration with NSS and 4th year BSc nursing conducted an awareness program on balanced diet and traditional food for mothers of pre schoolers on 1.4.22 in CHC, Kadayirippu. The programme was inaugurated by Mrs Presanna Pradeep, Vice president, Aikarannadu grama panchayath.



VIDEO CHALLENGE COMPETITION :IIC

Video challenge competition was conducted by IIC among nursing students of all batches in association with Department of Medical Surgical Nursing and the theme of the challenge was Covid and precautions. First prize was secured by second year BSc nursing (2020 batch) and the prizes were distributed followed by uploading the videos in Youtube site of M.O.S.C. college of nursing.



EXPERT TALK ON FIRST AID & MANAGEMENT

Mrs Omana K Chakkappan, Tutor, was invited to St Peters VHSS, Kolenchery on 26.4 2022 for delivering an informative session for the students and teachers on First aid, conducted at 11am. About 55 participants had attended the session.



M.O.S.C. CON E-NEWSLETTER

WORLD HEALTH DAY 2022

The Department of Nursing foundation in association with NSS observed World Health Day-2022 on 6.4.2022 and organized various activities such as a quiz and health talk, a webinar on the theme 'Our planet, our health'. The poster competition was held on 5-4-2022. A total of 8 posters were displayed. The expert of the session delivered the theme and the importance of inculcating healthy lifestyles and behaviors to save our health and planet.



Department Of Community Health Nursing and NSS conducted an Awareness programme on Anemia and water conservation at Govt LP School, Kadamattom on 9.4.22. The session was delivered by Mr Muralidharan N (Health supervisor) of CHC Kumbalangi. The programme was inaugurated Mrs Presanna Pradeep, Vice President, Aiakaranaadu Gramapanchayath. A total of 50-60 participants attended the program and benefited from this. The program ended with vote of thanks by Mrs. Nimisha Sabu, 4th year Bsc Nursing student.



NATIONAL SAFE MOTHERHOOD DAY 2022

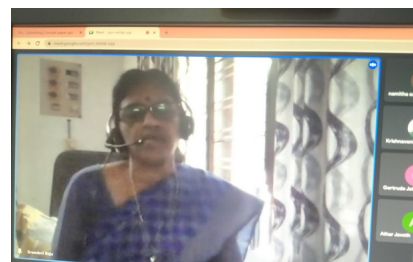
The Department of Obstetrics and Gynaecological (OBG) Nursing, organised an outreach program on "Safe Motherhood Day" on 11th April 2022 at 11 am. She highlighted the ways to improve the quality of care in labour rooms and maternity operation theatres, importance to ensure that pregnant women receive respectful and quality care during delivery and the immediate post-partum period. At the end of the talk, there was an interactive session with the students on the topic.



M.O.S.C. CON E-NEWSLETTER

RESEARCH DAY

On 23.4.22, R&D CELL in collaboration with Liberty University USA conducted Research day celebration and a session on "Enhancing quality and rigor in health research". In regard to the event, R&D CELL conducted paper & poster presentation and about 13 faculty from various institutions participated in the competition.



SPIRITUAL TOUR



A spiritual tour to devalokam was organized on 6.4.22 by IIC for the outgoing 2018 batch under the guidance of Mrs Geethu Baby, Assistant professor, M.O.S.C. CON.

HACKATHORN : IIC

Nitte health care innovation hackathorn was arranged for students and theme was perinatal depression during post pregnancy to prevent harm to newborn child. Team visited Justice KS Heggle hospital during 8.4.22 to 10.4.22 as part of clinical innovation validation under the guidance of Mrs Geethu Baby, Assistant Professor, Department of Pediatrics, M.O.S.C. CON.



FRESHERS DAY

Freshers day was arranged for 2022 batch by 2021 batch on 21.4.22 and variety activities were performed by students for welcoming the new batch.

CAREER DEVELOPMENT PROGRAMME

International career development programme was organized by M.O.S.C. College of Nursing in association with Navigo health and social care, UK on 27.4.22. Various sessions on Community psychiatry nursing, mental health services in India and UK and nursing career opportunities were delivered by Dr Mike Reeve, CEO. A total of 50 participants were present for the session from third year BSc Nursing, First year MSc Nursing MHN specialty. Students and staff cleared up their doubts and collected contact information from the respective NHS team.



M.O.S.C. CON E-NEWSLETTER

SWASTHA 2022

Department of Community health nursing in association with NSS conducted SWASTHA, a free medical camp on 27.4.22 at Ramamangalam panchayath and CHC along with M.O.S.C. Medical Mission hospital .



INTERNATIONAL YOGA DAY 2022

International yoga day was observed on 26.4.22 by students and staff of M.O.S.C. college of nursing under the leadership of Mr M.A Sajeewan .Yoga trainer and Mr Binu John, Assistant Professor, Department of Mental Health Nursing.



IIC ORIENTATION

M.O.S.C. college of nursing in association with St Thomas college, Thrissur delivered an orientation session on IIC on 28.4.22 at 3pm. Sessions were Taken by Dr John Naduvath , IIC President and Ms Sindhu George, Convenor

IMMUNIZATION WEEK 2022

Department of Child health nursing in association with NSS organized World immunization week 2022 on 29.4.22 at Anganwadi ,Koorachi. Approximately 50 patients benefitted from the awareness program. The program was coordinated by Mrs Grace Kurian, Associate Professor & HOD, M.O.S.C.College of Nursing. In addition, virtual quiz competition was conducted for nursing students in college auditorium and the winners were distributed with prizes

TALENTS DAY

Talents day was conducted for First year BSc nursing students (2022 batch). The event was inaugurated by Prof Dr. Sheela Shenai NA followed by a motivational message. The novice batch had come up with their talents and was immensely encouraged by the teachers.



M.O.S.C. CON E-NEWSLETTER

SELF DEFENCE TRAINING

Anti ragging cell organized an awareness session on Self defence in which the speaker was Mr G Ajaynath, DYSP who inaugurated the programme. Session was fruitful for the students and had demonstration by the lady constables



INTERNATIONAL NURSES DAY 2022

Nurses day celebration was conducted in M.O.S.C.nursing college by SNA and NSS on 12.5.22 .Theme revealed was “ a voice to lead –invest in nursing and respect rights to secure global health'. Students had participated in extempore speech and panel discussion and winners were awarded with certificates.



MOU : RED CROSS ,KOLENCHERY

M.O.S.C. College of Nursing made Memorandum of Understanding (MOU) with Red cross Kolenchery Branch on 21.5.22. Such take ups create a means for cooperative efforts to affect the academic and clinical interchange of faculty, postdoctoral fellows, and students, and clinical, academic and research information between the two Institutions. The institution has also made MOU with Liberty Univeristy ,USA, Marian Arts & Science College , Kuttikanam,Omayal Achi college of Nursing,Chennai and Yenapoya University, Mangalore.



M.O.S.C. E-NEWSLETTER

LAMP LIGHTING CEREMONY ON 28.5.2022

Lamp lighting ceremony of 2021 BSc Nursing batch was organized on 28.5.2022 at auditorium, M.O.S.C Nursing college. The event was inaugurated by Shri Joy P Jacob, CEO, M.O.S.C. Medical Mission Hospital. The novice nurses received lighted lamp from Principal , Prof Dr Sheela Shenai NA and Nursing Superintendent Lt. Col. Retd Mrs Gracy Joseph.



WORLD ENVIRONMENTAL DAY

World environmental day was celebrated on 04.6.2022. As part of the celebration, staff and students planted various saplings in the College campus.



COLLEGE UNION ELECTION 2022

College union election was conducted under the guidance of Mr Binu John, College Union In charge and the college union members were elected for the academic year 2022-23



M.O.S.C. CON E-NEWSLETTER

BLOOD DONORS DAY 2022

Blood donors day was conducted by Department of Medical surgical nursing 14.6.22. In relation to this, a public awareness video was released. To motivate young students to come forward and donate blood, the department in association with NSS organized a blood donation camp. The blood donation camp was open to all and staff and students of nursing college volunteered to donate blood.



ANTI DRUG RALLY

Anti drug rally was conducted by M.O.S.C. nursing college in association with Redcross society, Kolenchery and St Peters Higher Secondary school. Students and staff from the institutions had made the rally successful on 27.6.22. Teachers and students had been a part of the awareness session that took place in St Peter's college, Kolenchery.

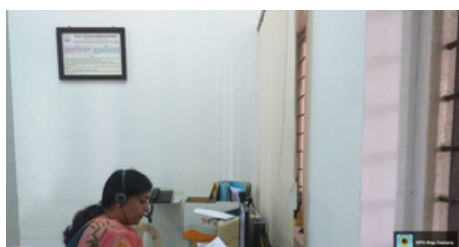


College union- EKAM 2022 was inaugurated on 8.7.22



VIRTUAL IMPACT LECTURE SERIES

Institution's Innovative Council in collaboration with R & D Cell, M.O.S.C College of Nursing organized an impact Series- 5 Session I on "Impact of research and development in new era" and session II on 'Application of research in health field' on 8th July 2022 between 10.00 am and 11.30 pm through Google meet. A total of 61 participants from the institution participated in the session.



GRADUATION AND COLLEGE DAY 2022

M.O.S.C. College of Nursig organized Graduation ceremony on 29.7.2022 at 4 pm in nursing college auditorium. The Chief guest of the program was Dr. Angela Gnanadurai, Principal, Jubilee Mission College of Nursing. The special guests were H.G. Dr. Yahanon Mar Meletius Metropolitan, Shri. Joy P Jacob, CEO & Secretary, M.O.S.C Medical Mission Hospital, Prof. Thomas P.V, Administrative Director, Dr K.K Diwakar, Dean, M.O.S.C. Medical College, Lt. Col. Mrs Gracy Joseph (Rtd) and Prof. Dr. Sheela Shenai NA, Principal, M.O.S.C. College of Nursing, gathered on dais. The program commenced with traditional lamp lighting. Chief guest congratulated the students and administrators for the great achievement of Batch 2017 results. Shri. Joy P Jacob, CEO & Secretary also addressed the graduates and advised them to continue the services in the nursing field with dedication. Prof. Dr. Sheela Shenai NA, presented the annual report of the institution and also congratulated the graduates and parents for being part of the institution. She expressed her heartfelt gratitude towards the management for providing adequate infrastructure and other facilities to deliver innovative and quality education to students.



MOSC CON E-NEWSLETTER

AROGYAMELA

Arogyamela was conducted on 17.8.2022 by Department of Community Health Nursing at CHC Thirumarady. As part of this, food fest, flash mob and cultural programme were conducted by students under the guidance of Dr Preethy Jawahar ,HOD & Mrs Lincy Issac, Assistant Professor, M.O.S.C. College of Nursing.

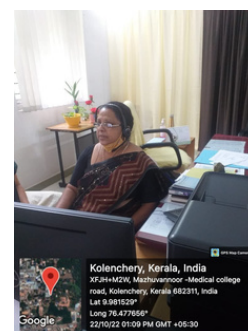
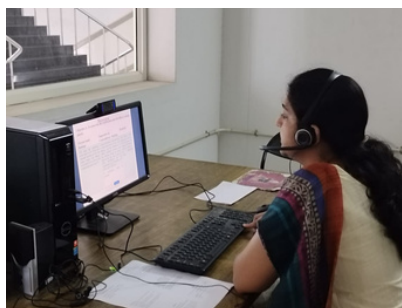
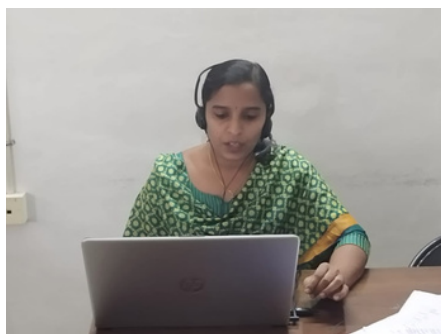


SEASON OPENS TO COCURRICULAR ACTIVITIES



FACULTY PARTICIPATION IN RESEARCH PAPER PRESENTATION

The faculty and students of M.O.S.C. College of nursing participated in scientific paper presentation organized by Manipal College of Nursing as part of Research Day celebration. A total of 19 faculty from the college including undergraduate and postgraduate students, Ph.D. scholars attended and presented scientific papers. E-certificates were received by all the participants.



M.O.S.C. CON E-NEWSLETTER

WORLD BREAST FEEDING WEEK

Breastfeeding week was celebrated on 3.8.22 followed by session on MBFHI by Dr. Namitha Subrahmanyam, HOD, Department of OBG Nursing, for the staff of M.O.S.C. Medical college and Department of community health nursing in collaboration with NSS also celebrated World breast feeding week at Koorachi anganwadi on 4.8.22. Programme involved an insightful education session by nursing students. A series of health education was organized by Dept. of Child Health Nursing for the mothers of children admitted in the Pediatric ward on 6.8.2022.



World NSS day

NSS Day was celebrated on 24.8.22



WORLD HEART DAY AND WORLD RABIES DAY

Department of Community Health Nursing celebrated World Heart Day and World Rabies Day on 29.8.22 at CHC Kadayirippu. More than 100 participants including the faculty attended the programme and students from 4th year BSc nursing delivered an insightful education for the patients at the OPD.



M.O.S.C. CON E-NEWSLETTER

WORLD MENTAL HEALTH DAY 2022

Make mental health and well being for all – a global priority

World Mental Health Day was celebrated on 10.10.22. Theme of the day was "Make mental health and well being for all – a global priority". A flash mob was organized in public in awareness to the theme. Dr Stramine C, HOD, Department of Mental Health Nursing, M.O.S.C. College of Nursing, spoke on mental health concerns, strategies, and practice tips. She also stressed on how to be resilient, how to adapt to overcome the crisis faced by the students, Acceptance and Commitment Therapy (ACT), and mindful strategies. A total of 86 participants attended the talk. All the participants experienced the mindfulness and guided relaxation demonstrated by the speaker.



WORLD SMILE DAY 2022

Social club under the guidance of Mrs Betsy George, Assistant professor, conducted events in regard with World Smile Day on 12.10.22 at 10 am and the best smile for the patient was awarded with prize. Later at college a small talk was shared by Prof. Dr. Sheela Shenai NA, Principal, who emphasized the importance to smile and being happy in one's life followed by entertaining activities led by the students.



M.O.S.C. CON E-NEWSLETTER

WORLD QUALITY DAY 2022

Internal Quality Assurance Cell organized World Quality day On 9.11.2022 at 2pm in nursing college auditorium .The theme was”**Quality conscience: doing the right thing**“ revealed by Mr Arun S, Quality controller, M.O.S.C. Medical Mission Hospital. Poster and elocution competition were held and motivated the winners.



WORLD PALLIATIVE DAY

World palliative day was celebrated by Department of Community health nursing on 13.10.22 at CHC Kadayirippu followed by the cultural activities by students.



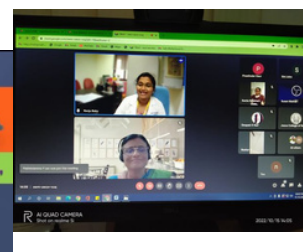
WORKSHOP ON SIMULATION BASED LEARNING

Workshop was conducted on Simulation by Department of Medical surgical nursing on 14.10.22 at foundation Lab. Topic demonstrated was CPR and faculty had an insightful session throughout. Sessions were led by Mrs Isha Aboobacker & Mrs Mary Treesa, Assistant Professors. Debriefing of the whole event was carried out by the concerned team.



WEBINAR : MIXED METHODS RESEARCH IN NURSING

R AND D Cell organized a virtual webinar on “Mixed methods research in nursing” delivered by Dr Renju Susane Baby, Assistant professor, Institute of Human Behaviour & Allied Sciences, Delhi on 15.10.2022 at 2 pm. Participants included faculty, MSc nursing students and Phd scholars. Session was ended at 4pm with vote of thanks by Dr Namitha Subrahmaniyam, Executive secretary, R&D Cell.



M.O.S.C. CON E-NEWSLETTER

Central zone b SNA meeting was held on 19.10.2022 , inaugurated by Prof Dr Sheela Shenai NA.



ANNUAL SPORTS DAY

SNA and College Union conducted Annual sports meet on 1.11.2022 and Antidrug Human chain was arranged in the college ground under the guidance of Principal and chaplains. The inauguration began at 8.00 am in Medical college ground. Dr. Sheela Shenai N A, Principal, M.O.S.C. CON welcomed and inaugurated the event. All four groups marched coupled with thrilling music performed by the recorded musical band.



FAMILY CARE CONFERENCE

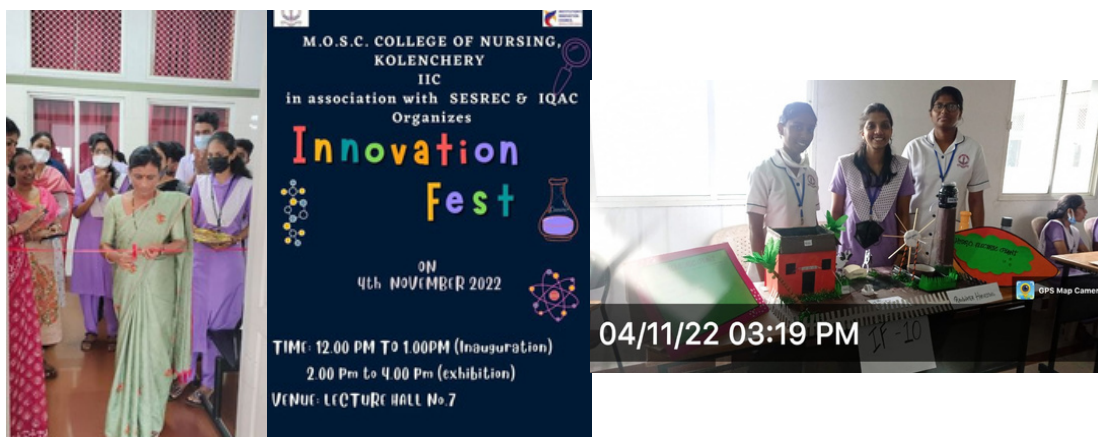
Family care conference on Rheumatoid arthritis was organized by Department of Community health nursing on 3.11.22. Session was delivered by Dr Sharon Baisil, Associate professor, Department of Community Medicine. Sir emphasized the importance of Early detection and prevention of arthritis among older people. A total of 70 students and faculty had attended the same.



M.O.S.C. CON E-NEWSLETTER

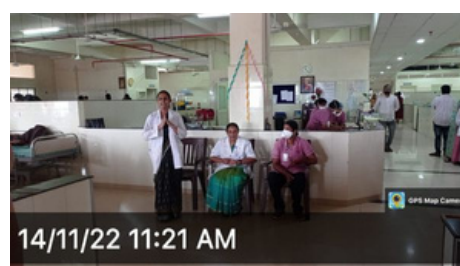
INNOVATIVE FEST

IIC in cohesion with SES REC and IQAC organized Innovative fest on 4.11.22. Different batches participated in the event and was inaugurated by Prof. Dr. Sheela Shenai NA, Principal and best exhibit team led by Dhrishya Biju, 4th year BSc nursing was awarded.



CHILDRENS DAY 2022

Department of Child health nursing, faculty and students arranged programmes in pediatric opd in relation with World Childrens day on 14.11.2022. The faculty members and students of III-year BSc Nursing of Department of Child Health Nursing organized entertaining games at pediatric ward and OPD, M.O.S.C. Medical Mission hospital. Students recorded performances such as singing, action song of the children. The ward incharges and staff expressed their gratitude for spending time and celebrating children's day in a very different way. A total of 13 kids along with their parents and office bearers participated in the program.



INAUGURATION OF BIODIVERSITY CLUB AND BUTTERFLY GARDEN

As part of an initiative of Biodiversity club in the college, Butterfly garden (Zaarovan) was inaugurated by Prof. Thomas P.V, Administrative Director, M.O.S.C. Medical Mission Hospital. Prof. Dr. Sheela Shenai N A planted the first sapling in the garden as part of this new venture.



M.O.S.C. CON E-NEWSLETTER

WORLD DIABETES DAY 2022

World diabetes day was conducted by Department of Medical surgical nursing in general medicine opd followed by an awareness session by Dr Asha Biju, Associate Professor, General Medicine. The event became more fruitful with the health education session by second year BSc nursing students on 15.11.2022.



WOMEN ENTREPRENEURSHIP DAY 2022

Women entrepreneurship day was celebrated on 19.11.2022 followed by an inspiring message by Dr. Stramine C and Mrs Jomcy P Jose, faculty of M.O.S.C.college of nursing. Fourth year Bsc nursing students had participated in the event and were very well enlightened with the talk delivered by the experts.



JOURNAL CLUB

Journal club was conducted on 18.11.2022 by Rand D cell in cohesion with Department of Medical Surgical Nursing. Dr. Jisa George T, M.Sc, Ph.D. (Medical Surgical Nursing) Assistant Professor, College of Nursing (AIIMS), Bhopal was the Methodology expert. The presenter and subject expert were Mrs Isha Aboobacker and Mrs Ninu Sophia, Department of Medical Surgical nursing.



NUTRITIONAL PROGRAMME

Students of 2nd semester Bsc nursing organized nutritional programme on 23.11.2022. The objective of the programme was to raise awareness about nutritional and adaptive eating habits. The programme commenced with welcome speech by Ms. Theres Mariya, followed by revelation of theme by Mrs Neetha Pradeep Chief Nutritionist. The programme continued with group presentation on healthy food recipes and its preparation by the B.Sc. Nursing students.



M.O.S.C. CON E-NEWSLETTER

ZONAL LEVEL SNA SPORTS MEET

M.O.S.C. College of Nursing organized Zonal level SNA sports meet on 26th November, 2022. The chief guest of the program was Shri. Joy P Jacob, CEO & Secretary, M.O.S.C. Medical College Hospital. The program commenced with a march past by students and the introduction of the teams to the Chief Guest. Dr. Sheela Shenai NA, Principal, welcomed and introduced the chief guest. The chief guest declared the sports meet - 2022 opened and spoke about his experience in sports from his childhood and motivated the students to participate in events to enhance socialization skills. Then, the event progressed with a torch ceremony by students. Finally, the program ended with the felicitation of the band set by students. Athletic events such as 100mts, 200mts, 400mts, 800mts, shot put, discus throw, and javelin throw started soon after the inaugural ceremony. In addition, a few events were conducted for faculty as well. The valedictory ceremony began at 4.00 pm. The program ended with a vote of thanks by Mr. Kashi Lekshman, Second -year BSc Nursing student.



CONTINUING NURSING UNIT

Mrs. Lincy Issac, Assistant Professor, Department of Community Health Nursing delivered a session on Ichthyosis 25.11.2022. The responsibility of a teaching institution is to ensure that the faculty are trained well and updated not just in teaching-learning aspects, but in the community epidemiological area as well. CNU of M.O.S.C. CON, organizes CNU program to refresh the faculty with fully fledged knowledge and to utilize transferable skills.



MOSC CON E-NEWSLETTER

INTERNATIONAL COLLABORATION : NAVIGO UK

Navigo UK in association with M.O.S.C. CON has facilitated a career guidance programme for students on 23.11.2022.



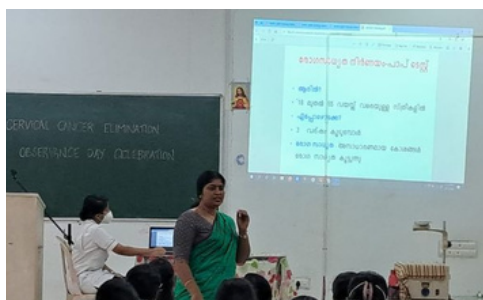
COMMENCEMENT DAY 2022

Commencement day of 17th batch BSc & MSc Nursing was conducted on 30.11.2022, inaugurated by Sri. Joy P Jacob, CEO, M.O.S.C. Medical Mission Hospital.



OBSERVANCE OF CERVICAL CANCER ELIMINATION DAY

Cervical Cancer Elimination day was observed on 29.11.2022 followed by an insightful session by the resource person, Dr. Namitha Subrahmanyam, HOD of the Department of OBG Nursing. At the end of the talk, there was a session on doubt clarification with the students on the topic.



M.O.S.C. CON E-NEWSLETTER

WORLD AIDS DAY

World Aids day was observed on 1.12.2022 organized by Department of Community Health Nursing in College of Nursing auditorium. Poster making competitions were conducted for students from different batches. A total of 8 posters were prepared for evaluation. Mrs Anjaly Vijayan, Faculty in Medico socio Work, took an awareness session on HIV/AIDS for the first-year BSc nursing students. She highlighted current statistics, meaning, stages of untreated HIV infection, transmission, and myths towards HIV transmission. She has also focused on other sexually transmitted diseases, diagnostic tests, management, and prevention of HIV infection.



CNE : NEEDLE STICK INJURY

Dr Chitra Jayaprakash, HOD, Department of Microbiology, M.O.S.C. Medical Mission Hospital took an awareness session on needle stick injury on 16.12.2022. Faculty and nursing students gained the importance to prevent such injuries and the session was appreciable.



OET Training was delivered by Trinity team on 16.12.2022 for the outgoing batch.

NURSING CARE CONFERENCE

Nursing care conference was organized by Department of Medical surgical nursing staff and students on 9.12.2022. Resource person was Dr Sera Vergis, Associate Professor, Critical care medicine, M. O. S. C. Medical College and provided a fruitful session on Care of patient in ventilator.



CHRISTMAS CELEBRATION AND THE YEAR END

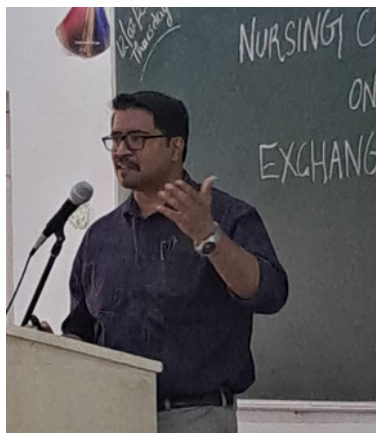
Christmas was celebrated by faculty and students on 23.12.2022



M.O.S.C. CON E-NEWSLETTER

NURSING CARE CONFERENCE

Department of OBG Nursing organized a nursing care conference for undergraduate and postgraduate nursing students on 12.1.23 at 2pm. Dr Manu Rajan, Assistant Professor, Department of Neonatology discussed the pertinent aspects of Exchange Transfusion and emphasized the policies and procedures that are followed during this therapeutic regimen.



KIRANAM : SCHOOL HEALTH CAMP

A school health camp was organized in Government LP school, Pankode by Department of Community Health Nursing in association with NSS and Indian Redcross Society Kolenchery unit, for all the students and staff to spread awareness about health check-up and maintaining a healthy life. The program started at 8 a.m with the inauguration and introductory speech given by Mrs Elsy PC, Headmistress, Govt LP School. Pankode. The programme ended by 2 pm



INVITED TALKS @ M.O.S.C. CON

Shri. Joy P Jacob, CEO & Secretary and Prof. Thomas P.V, Administrative director, M.O.S.C. Medical Mission Hospital, interacting with faculty on 17.6.23 regarding academic reviews and advancements needed to be considered for the future progress of the institution



M.O.S.C. CON E-NEWSLETTER

LAMP LIGHTING CEREMONY -2022 BATCH

Lamp lighting ceremony of 2022 batch was organized on 4.2.23 at auditorium, M.O.S.C Nursing college. The event was inaugurated by Shri Joy P Jacob, CEO, M.O.S.C. Medical Mission Hospital.

The novice nurses received lighted lamp from Principal, Prof Dr Sheela Shenai and Nursing Superintendent Lt. Col. Retd Mrs Gracy Joseph.



Manual on Intrapartum Care got released on 18th April 2023 by Shri. Joy P Jacob sir, Secretary & CEO, M.O.S.C. Medical Mission Hospital. The manual has been produced by the joint effort of Medical, Nursing Services (M.O.S.C. Medical Mission Hospital) And Nursing Education(M.O.S.C. College of Nursing).



M.O.S.C. CON E-NEWSLETTER

INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING

International day against drug abuse and illicit trafficking 2023 was observed at CHC, Ramamangalam and at M.O.S.C. Medical Mission Hospital on 29.06.2023. It was organized by Department of Psychiatric Nursing in association with NSS and SSGP. Students from 3rd year BSc nursing and 2nd year PBBSc nursing had involved in the health talk, street play and rally in regard to the celebration.



M.O.S.C. CON E-NEWSLETTER

STATE LEVEL WORKSHOP ON THE THEME "QAS- KUHS"

The faculty of M.O.S.C. College of Nursing organized a regional workshop on "QAS: KUHS" on 9 June 2023 at Skill lab conference hall, M.O.S.C. hospital. Total of 80 participants from various educational institutions attended the workshop.



CLEAN KERALA DRIVE AT CHC RAMAMANGALAM

Clean Keral Drive was conducted at CHC Ramamangalam by Department of Community Health Nursing on 23.5.23 at 10.30 am. The mission of the drive was to make Kerala free from wastes and to be an inspiration for the younger generation.



INTERACTION WITH NAVIGO TEAM FROM UK

Navigo UK Team visited M.O.S.C. college of nursing on 5.5.23. During the visit the team drawn their concern and suggestions for possible interventions to improve the career opportunities of students to abroad.



BLS TRAINING FOR 3RD SEMESTER NURSING STUDENTS

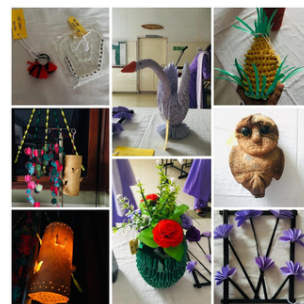
BLS training for 3rd semester nursing students by Tevye Training Services guided by Mr. Aneesh Isac (Lead Instructor), was conducted on May 10 from 10 am - 3 pm. The session delivered a deeper knowledge for students to manage common emergencies every student should possess and a basic knowledge of emergency care and the skills necessary for dealing with these situations. Students were arranged in groups and provided each of them chances to perform re-demo on the steps of CPR. The classes were insightful and received a good feedback from students.



M.O.S.C. CON E-NEWSLETTER

WORLD CREATIVITY AND INNOVATION DAY

World creativity & Innovation day was organized on 21st April 2023 at 10 am by IIC and IQAC in the nursing college. Variety of innovative ideas and items were presented by first semester students and the exhibits were sold by the student creators. The event was initiated and guided by Mrs Geethu Baby, IIC Incharge.



YIP ORIENTATION PROGRAMME -K DISC

M.O.S.C. College of Nursing had conducted a YIP orientation programme and idea submission under Kerala Development and Innovation Strategic Council on April 3rd 2023 at 11 am in Skills lab conference hall, MO.S.C. Hospital.



VIRTUAL IMPACT LECTURE SERIES : IIC

IIC and R& D cell of M.O.S.C. College of Nursing conducted Impact lecture series II sponsored by MOE'S Innovation cell, AICTE. Mr Vishal B Kadam, technical officer, took session I on Fundamentals of start up initiative. Session II was on opportunities and challenges in medical start up world, taken by Mr C Padamkumar, Special officer, Kerala Lifesciences Industries Park Ltd.



M.O.S.C. CON E-NEWSLETTER

WORLD HAPPINESS DAY CELEBRATION

Social club of the institution organized World happiness day celebration on 25.3.23. Students from 3rd semester BSc nursing decorated the entrance of nursing college and Mrs Neha (3rd semester student), shared an experience of extreme happiness with the audience.

Prof. Dr. Sheela Shenai N A inaugurated the event.



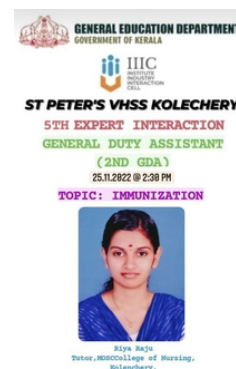
WORLD LEPROSY DAY

As part of World leprosy Day 2023, an awareness programme was organized by Fourth year BSc Nursing students and the Department of Community Health Nursing on 31st January 2023 at college of nursing. Sessions on normal anatomy and physiology of skin, signs and symptoms, management and prevention of leprosy were taken by Dr Joel Kurivella, Department of Dermatology, M.O.S.C. Hospital. A total of 85 participants were involved in the session.



EXPERT TALK @ ST PETERS VHSS, KOLENCHERY

Mrs Riya Raju, Tutor, M.O.S.C. CON was invited by the St Peters VHSS, Kolenchery to deliver a talk on "Immunization and its Importance" on 25th November 2022 at 2.30 pm.



MOSC E-NEWSLETTER

AWARDS & ACHIEVEMENTS

Mahatma Gandhi National Council of Rural Education, Department of Higher Education, Ministry of Education, Government of India have certified M.O.S.C. College of Nursing, Kolenchery as a Recognized Social Entrepreneurship, Swachhta & Rural Engagement Cell (SES REC) Institution. The institution has framed the SES REC action plan for improving facilities in the campus and the community and adopted villages for sanitation and hygiene, waste management, water management, energy conservation and greenery post covid-19.

SES
REC



As part of outreach activities,
M.O.S.C. College of Nursing was awarded with "VENALPACHA" by St Peters Higher
Secondary School on 11.5.2022

Venal
Pacha



IIC
1 Star

Institution Innovation Council of M.O.S.C. College of Nursing secured One star rating
in the annual performance evaluation of year 2020-21.

AWARDS & ACHIEVEMENTS

M.O.S.C College of Nursing has been conferred with the prestigious accreditation with Grade A+ by QAS, KUHS Thrissur.

IQAC
A+



UNAI
Member

M.O.S.C. College of Nursing bagged award for becoming member of **United Nations Academic Impact** on 19.8.2022, an initiative that engages institutions of higher education with the United Nations in supporting and contributing to the realization of the Organization's purposes and principles, including the promotion and protection of human rights, access to education and sustainability.



Dr Sheela Shenai NA secured the appreciation certificate by Mahatma Gandhi Council of Rural Education in correspondance with the Swachhta action plan.

Swachta
action
plan



Mahatma Gandhi National Council of Rural Education
Department of Higher Education, Ministry of Education, Government of India
Hyderabad



Certificate of Appreciation

Dr. Sheela Shenai N.A. PhD, Professor cum Principal, Malankara Orthodox Syrian Church College of Nursing, Kolenchery, Ernakulam, Kerala has conducted and coordinated the Swachhta Action Plan Activities 2021-22 on the Institution's campus successfully. The Swachhta activities were carried out quantitatively and qualitatively during the month of October 2021 in the program "Step up! Conserve Water on Campus" organised by Mahatma Gandhi National Council of Rural Education, Hyderabad.

B Sharath

B Sharath Chandra Naveen Kumar
SAP 2021-22 Project, National Monitoring Officer
MGNCRE MoE GoI mgncre.org

Cert:MoE/GoI/MGNCRE/SAP/ 30.10.2021 /66

PhD
Centre

The institution has achieved recognition for Centre of Research for the Department of Pediatric Nursing, OBG Nursing, Medical Surgical Nursing, Community Health Nursing and Mental Health Nursing specialities.

ACHIEVEMENTS**FACULTY**

- **Prof.Dr.Sheela Shenai NA, Dr. Namitha Subrahmanyam, Dr. Preethy Jawahar and Dr. Starmine C** are approved as PhD guides under KUHS,Thrissur.



- Mrs. **Jisha Joseph** secured first rank, Mrs. Anu Jacob secured second rank, Mrs. Sonia Abraham secured third rank in PhD entrance examination conducted by KUHS, Thrissur 2021. Mrs. Ninu Sophia, Mrs. Lincy Issac and Mrs. Sneha Joy cleared PhD entrance examination conducted by KUHS, Thrissur 2021



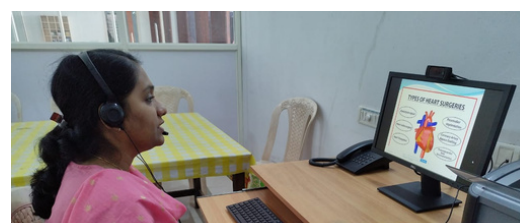
- **Dr. Namitha Subrahmanyam and Dr. Preethy Jawahar** are approved as PhD guides under National Consortium for PhD in Nursing by Indian Nursing Council .



- **Dr Starmine C**, HOD, Department of Mental Health Nursing, Secured best paper presentation on International Conference on Behavioral Addiction and SUD.
- **Mrs Betsy George**, Assistant Professor, Department of Medical Surgical Nursing won Best poster award in the International virtual conference conducted by AIIMS, Bhubaneshwar on Preceptorship - a road map to accountable care.



- **Ms Anu Jacob**, Associate Professor, Department of Medical Surgical Nursing, M.O.S.C. College of Nursing secured 2nd prize for e-poster competition during virtual poster competition held by Manipal College of Nursing on nursing research day held on 25.9.22



M.O.S.C. CON E-NEWSLETTER

ACHIEVEMENTS

- **Mrs Betsy George**, Assistant Professor, Department of Medical Surgical Nursing performed a paper presentation in virtual international research meet by Chirayu College of Nursing on 22.8.22.
- **Mr Deepak K Nair**, Assistant professor, M.O.S.C. College of Nursing has attained certificate of appreciation from Mahatma Gandhi National Council of Rural Education for the contribution to World Environment Day Celebration on June 2022 as an initiative under Swachtha activities and certified as the faculty coordinator.
- **First Nursing Care Conference** was organised on June 14, 2021 by Department of Medical Surgical Nursing, M.O.S.C. CON. Mrs Stephy Sabu, Senior Lecturer, Mrs Hasna Joy, Msc (N), M.O.S.C. CON and Dr Krishnan Balgopal, Consultant Neurologist, Department of Neurology were the speakers of the session. Topic was on "Acute Meningo encephalitis" and the programme was grant successful.

TESTIMONIAL

I was fortunate to start my professional journey as senior lecturer at MOSC CON and served the institute for 10 years. Those were the golden period where I could mould myself from a fresh postgraduate to a nurse academician, nurse researcher, nurse leader and so on. Being an AIIMS postgraduate, I got full freedom and encouragement from management to set standard for students to gain the best learning experience in psychiatric nursing at M.O.S.C. Medical College Hospital. Management believed in providing excellent organizational climate for each and every employee, by providing career building learning opportunities for the employees.

Encouragement and Support from the CEO Joy P Jacob Sir and Dr Sheela Shenai, Principal CON and all MMM family were incredible. I am glad to work in such a challenging and positive work environment where the focus is to progress through team cooperation and moving towards a common vision



Dr Renju Sussan Baby
Former Professor & HOD
Dept of Mental Health Nursing
MOSC CON
(2007-2017)

ACHIEVEMENTS

STUDENTS

- **Mrs Athira Rajan, Aleena Baby and Alphonsa Sabu** bagged 3rd prize in SNA XXIX Biennial E-Conference national level Scientific paper presentation.



- **Mrs Athira Rajan** secured 3rd prize in paper presentation in TNAI E-Conference
- **Mrs Anitha James** secured first prize in poster making conducted by KUHS Interzone competition on 16.1.2022.



- SNA team achieved KHO KHO Championship on 19.11.2022.
- **Mrs Anit Joseph, Liz Siji and Anju Mary Geroage** were the winners of SNA Central zone B for the events like english versification and english elocution.
- **Mrs Abiya Thampi** received first prize in Poster Competition conducted by Caritas Hospital in realthion to World Stroke day 2022.



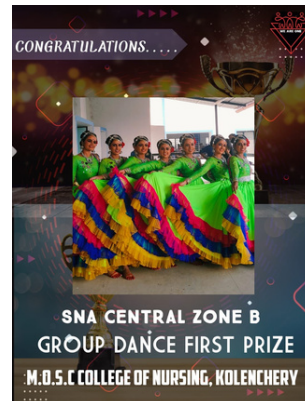
ACHIEVEMENTS

GLIMPSES OF SNA ANNUAL ARTS & SPORTS -PROUD MOMENTS !!!

Alex Jose and Linta John were the individual champions for Lakshya sports meet.



SNA KERALA STATE WINNERS



- Ms Geethu S Babu, Second year Post Basic Nursing, M.O.S.C. College of Nursing achieved 3rd rank in KUHS University Exam in 2021.
- TNAI Ernakulam Unit honoured Mrs Shamol Varghese for being the district topper in MSc Psychiatric nursing conducted by KUHS in 2021.
- Ms Shincy Poulouse ,Msc Nursing , M.O.S.C. College of Nursing achieved 3rd rank in KUHS University Exam in 2022 .
- Global leadership awards secured by Ms Mariya Sabu and team for the OSCE Competition, M.O.S.C. CON,organized by The Institute of Health and Nursing Australia (IHNA).



RESEARCH :FACULTY PUBLICATIONS

- Jose J, Mony K, NA SS, Jose JP, Geethu B. Effect of Tepid Sponging Versus Warm Sponging on Body Temperature and Comfort among Under-Five Children with Pyrexia: Indian Journal of Pediatrics. 2022 Aug;89(8):838.
- Subrahmanyam N, Aboobacker IM, Mathai S. Patient Safety Competence and Attitude towards Patient Safety Policies among students Nurses in Kerala: A Cross-sectional Survey. Asian Journal of Nursing Education and Research. 2022 Oct 1;12(4):441-4.
- NA SS, George AM, Mariyam AM, Abraham AP, Balakrishnan A, Scaria A. Perception of educational environment among Bsc nursing students. Amarjeet Kaur Sandhu. 2019 Jan;11(1):109.
- Jawahar P, Raddi SA. Assess the knowledge, utilization, level of satisfaction of utilization and barriers of non-utilization regarding Integrated Child Development Services (ICDS) among women of Ernakulam District, Kerala, India. Clinical Epidemiology and Global Health. 2021 Oct 1;12:1008-15.
- Jisha J, George B, Benny JK, Alfy G, Kuriachan A, Babu GM, Shibu L. Spirituality and spiritual well-being among nursing students. International Journal of Nursing Education and Research. 2021 Dec 31.
- Joy J, Joseph J, NA SS. Prevalence and risk factors of anemia among pregnant women attending antenatal clinic of MOSC medical college hospital, Kolenchery. IJAR. 2020;6(3):277-82.
- George B, Shenai SN. Curriculum Evaluation-A Cross-Sectional Study under selected Nursing College of KUHS. Asian Journal of Nursing Education and Research. 2021 Oct 1;11(4):485-7.
- Abraham S, Baby A, Jose A, Nixon V, Shenai NA. AV fistula care practices among patients undergoing hemodialysis-A descriptive cross-sectional study. Asian Journal of Nursing Education and Research. 2020;10(1):103-6.
- Kachappillil AJ, Thankachan A, George AK, Mathew B. Knowledge of general population regarding organ donation in a selected rural community of Ernakulam District. International Journal of Nursing Education and Research. 2021;9(1):33-6.
- George B, Joseph J, Mamachan M, Thomas NM, Makkar S, Flix S, Muhammed S. Spirituality and perception towards spiritual care among nursing students. Asian Journal of Nursing Education and Research. 2022;12(1):92-7.
- Shenai NA, Joseph J, Kachappillil AJ. Knowledge of staff nurses regarding legal aspects of patient care. Asian Journal of Nursing Education and Research. 2019;9(1):143-5.
- Starmine C. An Experimental study to evaluate the effectiveness of need based intervention on selected psycho social parameter among children with nocturnal enuresis in Selected Settings (Doctoral dissertation, The Tamil Nadu Dr. MGR Medical University, Chennai).